



CARNEROS
RESORT AND SPA

ALL DAY MENU 6:30 AM - 10:00 PM

EGG SANDWICH \$10

herb frittata, sliced tomato, cheddar cheese, english muffin
+ bacon \$4

AVOCADO TARTINE \$12

avocado, whipped ricotta, fennel pollen, pickled beets
honey, seeded wheat bread

BREAKFAST BURRITO \$10

scrambled eggs, hash browns, cheddar cheese, flour tortilla
pico de gallo, guacamole, & sour cream (on the side)
+chorizo \$4 | +bacon \$4

BREAKFAST QUINOA BOWL \$14

banana, coconut, almond, honey, steamed almond milk,
pomagranate seeds, cinnamon powder

SMOKED TROUT SALAD \$12

capers, pickled onion, lemon, mixed greens

QUICHE \$10

lorraine or vegetarian

YOGURT PARFAIT \$9

vanilla yogurt, fresh berries, house made granola

SMOOTHIES \$10

Classic | strawberries, banana, yogurt, orange juice

Mixed Berry & Avocado | berries, avocado, agave syrup, almond milk

Tropical | pineapple, mango puree, yogurt, orange juice

Chocolate Delight | banana, chocolate sauce, peanut butter, almond milk

Super Duper Greenie | spinach, kale, green apple, orange juice,
mango puree, superfood powder

Also serving specialty coffees, house made pastries, and desserts



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SANDWICHES

6:30 AM - 10:00 PM

TURKEY PANINI \$16

sliced turkey breast, bacon, smoked mozzarella, pickled jalapeños,
garlic aioli, sourdough bread

AVOCADO TARTINE \$12

avocado, whipped ricotta, fennel pollen, pickled beets
honey, seeded wheat bread

CHICKEN PESTO PANINI \$16

grilled chicken breast, pesto, monterey jack cheese, red bell pepper
caramelized onion, sourdough bread

OLMECA TOMATO SANDWICH \$14

furikake seasoning, kewpie mayo, sourdough

MUFFULETTA \$16

mortadella, calabrese, aged cheddar, olive relish, focaccia

GRILLED CHEESE PANINI \$14

point Reyes gouda, fiscalini cheddar, fromage blanc, seeded wheat

B.L.A.T. \$16

applewood smoked bacon, lettuce, avocado, tomato mayonnaise
sourdough bread

TURKEY CLUB \$16

sliced turkey breast, bacon, tomato, pickles, lettuce mayonnaise
seeded wheat bread

TOASTED BREAD & STRAUS DAIRY BUTTER \$7

seeded wheat, sourdough
+seasonal jam \$3 | +hummus \$3.50

SICILIAN STYLE TUNA PIADINI \$16

albacore tuna, capers, fiscalini cheddar, italian parsley, sourdough

HAM & FIG JAM \$16

prosciutto, provalone cheese, caramelized onions, arugula
fig jam, baguette



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WRAPS & SALADS

6:30 AM - 10:00 PM

CAESAR WRAP \$16

grilled chicken breast, guacamole, romaine lettuce, parmesan cheese
caesar dressing, spinach tortilla

VEGGIE WRAP \$16

artichoke, red bell pepper, portabella mushroom, arugula, goat cheese
olive oil, hummus, spinach tortilla

COBB SALAD \$17

romaine lettuce, diced chicken, chopped bacon, hardboiled egg
bleu cheese, cherry tomatoes

CAESAR SALAD \$14

romaine lettuce, kale, parmesan cheese, capers, croutons
+ sliced grilled chicken \$6

SEASONAL TOMATO \$16

burrata, pickled shallots, toasted pinenuts, bouchaine olive oil garden basil

SIDE SALADS \$10

Potato Salad | onion, parsley, stone ground mustard

Broccoli | cranberries, marcona almonds, tahini dressing

Pasta Pesto | sun-dried tomato, olive, arugula, radicchio, estero gold

DRESSING CHOICES

buttermilk ranch | champagne vinaigrette | red wine vinaigrette | caesar



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MARKET PICNIC LUNCH \$32 PER PERSON

INCLUDES:

choice of one entrée listed, piece of seasonal fruit, bag of chips
carneros cookie, san pellegrino sparkling soda or bottled water

ROASTED TURKEY SANDWICH

turkey breast, cheddar cheese, tomato, lettuce, whole wheat

CAGGIANO HAM SANDWICH

caggiano ham, cheddar cheese, tomato, lettuce, sourdough bread
mustard & mayonnaise (on the side)

HAM & FIG JAM SANDWICH

prosciutto, provolone cheese, caramelized onions, arugula
fig jam, baguette

CAESAR WRAP

grilled chicken breast, guacamole, romaine lettuce, parmesan cheese
caesar dressing, spinach tortilla

VEGGIE WRAP

artichoke, red pepper, portabella mushroom, arugula, goat cheese
olive oil, hummus, spinach tortilla