



CARNEROS  
RESORT AND SPA

## ALL DAY MENU

6:30AM - 6:00PM

### EGG SANDWICH \$10

scrambled eggs, sliced tomato, cheddar cheese, English muffin  
add bacon, ham or turkey \$3

### AVOCADO TOAST \$12

avocado, fried capers, habanero-pickled onions, micro cilantro  
whole wheat toast

### BREAKFAST BURRITO \$10

scrambled eggs, hash browns, cheddar cheese, flour tortilla  
pico de gallo, guacamole, & sour cream (on the side)  
add chorizo, bacon, turkey, or ham \$3

### BREAKFAST BOWL \$10

brown rice, black beans, scrambled eggs, cheddar cheese  
pico de gallo, guacamole, & sour cream (on the side)  
add chorizo, bacon, turkey, or ham \$3

### SMOKED SALMON \$12

capers, pickled onion, lemon, mixed greens

### QUICHE \$9

meat or vegetarian

### ACAI BOWL \$9

acai, banana, berries, coconut, house made granola

### YOGURT PARFAIT \$9

vanilla yogurt, fresh berries, house made granola

### SMOOTHIES \$10

Classic | strawberries, banana, yogurt, orange juice  
Mixed Berry & Avocado | berries, avocado, agave syrup, almond milk  
Tropical | pineapple, mango puree, yogurt, orange juice  
Chocolate Delight | banana, chocolate sauce, peanut butter, almond milk  
Super Duper Greenie | spinach, kale, green apple, orange juice, mango puree,  
superfood powder

Also serving specialty coffees, house made pastries and desserts



CARNEROS  
RESORT AND SPA

## SANDWICHES

6:30AM - 6:00PM

### TURKEY MELT \$16

sliced turkey breast, bacon, smoked mozzarella, pickled jalapeños, garlic aioli  
sourdough bread & panini pressed

### S.O.S. \$16

grilled chicken breast, bacon, sun dried tomato aioli, pepper jack cheese  
pickled jalapeños, whole wheat

### HAM-AZING DELIGHT \$16

caggiano ham, pepper jack cheese, roasted red pepper, pickled jalapeños  
sundried tomato aioli, sourdough bread

### CHICKEN PESTO \$16

grilled chicken breast, pesto, monterey jack cheese, red bell pepper  
caramelized onion, sourdough bread

### B.L.A.T. \$16

applewood smoked bacon, lettuce, avocado, tomato  
mayonnaise, sourdough bread

### TURKEY CLUB \$16

sliced turkey breast, bacon, tomato, pickles, lettuce  
mayonnaise, whole wheat bread

### TRUFFLE & CHEESE \$16

brie cheese, house made red pepper jelly, Asian pear, arugula  
truffle oil, baguette bread

### CAPRESE \$16

sliced mozzarella, prosciutto, tomato, basil  
balsamic vinaigrette, baguette bread

### HAM & FIG JAM \$16

prosciutto, provolone cheese, caramelized onions, arugula  
fig jam, baguette bread



CARNEROS  
RESORT AND SPA

## WRAPS & SALADS

6:30AM - 6:00PM

### CAESAR WRAP \$16

grilled chicken breast, guacamole, romaine lettuce, parmesan cheese  
anchovy dressing, spinach wrap

### VEGGIE WRAP \$16

artichoke, red bell pepper, portabella mushroom, arugula, goat cheese  
olive oil, hummus, spinach wrap

### COBB SALAD \$17

romaine lettuce, diced chicken, chopped bacon, hardboiled egg  
bleu cheese, cherry tomatoes

### POACHED TUNA SALAD \$17

fresh poached tuna, mixed greens, shaved carrots  
roasted red bell peppers, hard boiled egg

### CAESAR SALAD \$14

romaine lettuce, kale, parmesan cheese, capers, croutons  
add sliced grilled chicken \$3

### SPINACH SALAD \$14

spinach, citrus segments, strawberries, candied nuts  
feta cheese, pickled red onion, add sliced grilled chicken \$3

### DRESSING CHOICES

buttermilk ranch | champagne vinaigrette | red wine vinaigrette | anchovy  
vinaigrette

### SIDE SALADS \$8

Potato Salad | onion, parsley, stone ground mustard

Broccoli | cranberries, marcona almonds

Tortellini | pesto, black olives, red peppers

Root Vegetable | olive oil, herbs



CARNEROS  
RESORT AND SPA

## MARKET PICNIC LUNCH

\$30 per person

24 hour notice needed for orders of more than 10 guests

Picnic lunch includes: choice of one entrée, piece of seasonal fruit, bag of chips  
Carneros cookie, San Pellegrino sparkling soda and bottled water

### ROASTED TURKEY SANDWICH

turkey breast, cheddar cheese, tomato, lettuce, whole wheat  
mustard & mayonnaise (on the side)

### CAGGIANO HAM SANDWICH

caggiano ham, cheddar cheese, tomato, lettuce, sourdough bread  
mustard & mayonnaise (on the side)

### CAPRESE SANDWICH

sliced mozzarella, prosciutto, tomato, basil  
balsamic vinaigrette, baguette bread

### HAM & FIG JAM SANDWICH

prosciutto, provolone cheese, caramelized onions, arugula  
fig jam, baguette bread

### CAESAR WRAP

grilled chicken breast, guacamole, romaine lettuce, parmesan cheese  
anchovy dressing, spinach wrap

### VEGGIE WRAP

artichoke, red pepper, portabella mushroom, arugula, goat cheese  
olive oil, hummus, spinach wrap



CARNEROS  
RESORT AND SPA

## GROCERY & WINE SHOP

Assorted Cheeses

Salami

Deli Salads

Nuts & Olives

Fresh Fruit

Tapenades

Honey

Jams & Jellies

Olive Oil

Vinegars

Cookies

Pastries

Chips

Crackers

Hot Sauces

Chocolates

Candy

Bottled Water

Juices

Wine

Beer

Soft Drinks

Ice Cream

Toiletries

Gifts

And more.....