



CARNEROS
RESORT AND SPA

ALL DAY MENU

6:30AM - 6:00PM

EGG SANDWICH \$10

scrambled eggs, sliced tomato, cheddar cheese, English muffin
add bacon, ham or turkey \$3

AVOCADO TOAST \$12

avocado, fried capers, habanero-pickled onions, micro cilantro
whole wheat toast

BREAKFAST BURRITO \$10

scrambled eggs, hash browns, cheddar cheese, flour tortilla
pico de gallo, guacamole, & sour cream (on the side)
add chorizo, bacon, turkey, or ham \$3

BREAKFAST BOWL \$10

brown rice, black beans, scrambled eggs, cheddar cheese
pico de gallo, guacamole, & sour cream (on the side)
add chorizo, bacon, turkey, or ham \$3

QUICHE \$9

meat or vegetarian

ACAI BOWL \$9

acai, banana, berries, coconut, house made granola

YOGURT PARFAIT \$9

vanilla yogurt, fresh berries, house made granola

SMOOTHIES \$10

Classic | strawberries, banana, yogurt, orange juice
Mixed Berry & Avocado | berries, avocado, agave syrup, almond milk

Tropical | pineapple, mango puree, yogurt, orange juice

Chocolate Delight | banana, chocolate sauce, peanut butter, almond milk
Super Duper Greenie | spinach, kale, green apple, orange juice, mango puree,
superfood powder

Also serving specialty coffees, house made pastries and desserts

SANDWICHES

6:30AM - 6:00PM

TURKEY MELT \$16

sliced turkey breast, bacon, smoked mozzarella, pickled jalapeños, garlic aioli sourdough bread & panini pressed

S.O.S. \$16

grilled chicken breast, bacon, sun dried tomato aioli, pepper jack cheese pickled jalapeños, whole wheat

CHICKEN PESTO \$16

grilled chicken breast, pesto, monterey jack cheese, red bell pepper caramelized onion, sourdough bread

B.L.A.T. \$16

applewood smoked bacon, lettuce, avocado, tomato mayonnaise, sourdough bread

TURKEY CLUB \$16

sliced turkey breast, bacon, tomato, pickles, lettuce mayonnaise, whole wheat bread

HAM & FIG JAM \$16

prosciutto, provolone cheese, caramelized onions, arugula fig jam, baguette bread



CARNEROS
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WRAPS & SALADS

6:30AM - 6:00PM

CAESAR WRAP \$16

grilled chicken breast, guacamole, romaine lettuce, parmesan cheese
anchovy dressing, spinach wrap

VEGGIE WRAP \$16

artichoke, red bell pepper, portabella mushroom, arugula, goat cheese
olive oil, hummus, spinach wrap

COBB SALAD \$17

romaine lettuce, diced chicken, chopped bacon, hardboiled egg
bleu cheese, cherry tomatoes

POACHED TUNA SALAD \$17

fresh poached tuna, mixed greens, shaved carrots
roasted red bell peppers, hard boiled egg

CAESAR SALAD \$14

romaine lettuce, kale, parmesan cheese, capers, croutons
add sliced grilled chicken \$3

SPINACH SALAD \$14

spinach, citrus segments, strawberries, candied nuts
feta cheese, pickled red onion, add sliced grilled chicken \$3

DRESSING CHOICES

buttermilk ranch | champagne vinaigrette | red wine vinaigrette | anchovy
vinaigrette

SIDE SALADS \$8

Potato Salad | onion, parsley, stone ground mustard
Broccoli | cranberries, marcona almonds
Tortellini | pesto, black olives, red peppers
Root Vegetable | olive oil, herbs



MARKET PICNIC LUNCH

\$30 per person

24 hour notice needed for orders of more than 10 guests

Picnic lunch includes: choice of one entrée, piece of seasonal fruit, bag of chips
Carneros cookie, San Pellegrino sparkling soda and bottled water

ROASTED TURKEY SANDWICH

turkey breast, cheddar cheese, tomato, lettuce, whole wheat
mustard & mayonnaise (on the side)

CAGGIANO HAM SANDWICH

caggiano ham, cheddar cheese, tomato, lettuce, sourdough bread
mustard & mayonnaise (on the side)

HAM & FIG JAM SANDWICH

prosciutto, provolone cheese, caramelized onions, arugula
fig jam, baguette bread

CAESAR WRAP

grilled chicken breast, guacamole, romaine lettuce, parmesan cheese anchovy
dressing, spinach wrap

VEGGIE WRAP

artichoke, red pepper, portabella mushroom, arugula, goat cheese
olive oil, hummus, spinach wrap



CARNEROS
RESORT AND SPA

GROCERY & WINE SHOP

Assorted Cheeses

Salami

Deli Salads

Nuts & Olives

Fresh Fruit

Tapenades

Honey

Jams & Jellies

Olive Oil

Vinegars

Cookies

Pastries

Chips

Crackers

Hot Sauces

Chocolates

Candy

Bottled Water

Juices

Wine

Beer

Soft Drinks

Ice Cream

Toiletries

Gifts

And more.....